Country Cuisine *Food Presentations*

*Food is one of the most important parts of any culture. Indeed, one of your most interesting experiences living abroad will be learning about the culture through their cuisine. To prepare you for this experience, please research the following topics. Answer these questions with complete sentences and upload to the Wiki when you are finished. M.H.*

1. What foods are commonly eaten in your cuisine?’

Chinese people usually eat a lot of rice and vegetables in their cuisine. They also eat soups and noodles. Additionally, chicken and beef are a common component of meals. They drink tea everyday but without cream and sugar which we are used to.

1. What are the mealtime customs for your country? Describe a typical meal using their traditional foods as examples:

Breakfast: Rice with different vegetables.

Lunch: Different types of soup

Dinner: Rice or Noodles, soup, and three or four hot dishes. At a formal dinner there would be cold appetizers too.

Snacks: dim sum served with tea. They can be eaten at any time of the day and usually are filled with dumplings, shrimp balls, and spring rolls.

1. Name at least two “famous” dishes from your country.

Wonton Soup and Eggdrop Soup

1. What are some types of cooking utensils or equipment used in this cuisine?

Some types of cooking utensils include: a wok, Chinese cleaver, chopping knife, ladles, frying spoon, long chopsticks, and metal or bamboo steamers.

1. What are the traditional holidays or celebrations for your country and what foods are served at these events?

The biggest celebration is the Chinese New Year which falls in January or February. Oysters, oranges and tangerines, fish, duck, dumplings (eaten in the north), and New Year’s Cake are all foods eaten during this day.

1. As a visitor to your country, you will be dining in restaurants in your city. Describe what your experience may be like. Will you be able to read the menu? What are some dishes that may be included on your menu? How expensive will it be for you as a visitor?

I will not be able to read the menu because it will be written in all Chinese. Some dishes that may be included on my menu include: chicken stir fry, Wonton soup, egg rolls, Chow Mein, General Tsao’s chicken, Lo Mein, and Sweet and Sour Pork. It will cost a lot less to eat out in China verse the U.S.